

Newsletter

The Association of Senior Citizens of Hyderabad Lions Club of Twin Cities G.S. Binrajka Trust Day Care Centre for Elders

Lions Bhavan, 2nd floor, Paradise Circle [Behind HDFC Bank], Secunderabad Tel 27898885
Registration Number : 1435/2003

(Affiliated to APSCCON & AISC CON)

Issue for March –April 2011

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Awardee of All India Trophy for best Community Service for year 2003-04

Advisory Board

Justice ALakshman
Rao(retd)
K.S.Sastry, IAAS (retd)
R.K.Ragala, ex DGP

Editorial Board

Wg. Cdr. G.N.Bhasker
Dr P Vyasamoorthy
Sri K Krishna Rao
Smt Sobha Perindevi

Managing Committee

Chairman
Sri RN.Mital

President

Dr P Vyasamoorthy

Vice Presidents

Sri PVVG Krishnamurthy
Sri VC Dalal

Secretaries

Sri Khanapur Krishna Rao
Sri P Satyanarayanan

Treasurer

Dr T Ramalingam

Members

Smt Tripta Sahwney
Prof V Visweswaraiiah
Dr Potham Shetty
P. Rammohan Sarma
Sri G Raghava Reddy
Sri K.V.Subba Rao
Sri G Shiva Prasad
Sri NV Wankar

Co-opted Members

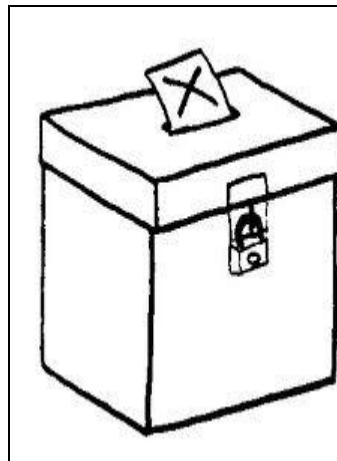
Sri JK Nayyar
Sri V Nageswara Rao
Sri Dayakar

Honorary Members

Sri Tirupathi Rao

AGM and Elections

The Annual General Body Meeting of the Association of Senior Citizens (AOSC), Secunderabad was held on 15 March 2011 at Lions Bhavan at 4.00 pm in which more than 50 members were present. In the meeting, Elections for the new executive committee for the year 2011-13 were held. There were 21 nominations for 12 seats in the Executive Committee. After the elections were held the following members got elected. The number of votes secured by the members is shown against them:



1. Mr P V V G Krishna Murthy	33
2. Mrs Tripta Sawhney	31
3. Dr P Vyasamoorthy	27
4. Mr G Shiva Prasad	22
5 Mr. G P Ram Mohan Sharma	22
6. Mr. K V Subba Rao	22
7. Mr V C Dalal	21
8. Mr Khanapur Krishna rao	19
9. Dr T Ramalingam	19
10.Mr M V Wankar	18
11. Mr G Raghava Reddy.	18
12. Mr P Satyanarayanan	16

These twelve members in turn met on 29th March 2011 and elected the office bearers. Details of the new Executive Committee are as under. The term of the new body will end on 31st March 2013.

Chairman	Mr R N Mital	Ex Officio	Prof V Viswaeswaraiiah
President	Dr P Vyasamoorthy	Ex Officio	Dr Potham Shetty
Vice President 1	Mr VC Dalal	Co-opted	Mr Dayakar
Vice President 2	Mr PVVG Krishna Murthy	Co-opted	Mr V Nageswara Rao
Secretary	Mr Khanapur Krishna Rao	Co-opted	Vacant – to be decided
Jt Secretary	Mr P Satyanarayanan	Hon Member	Mr V Tirupathi Rao
Treasurer	Dr T Ramalingam	Hon Member	Vacant – to be decided
Member	Mr PRM Sarma	Member	Mr G Siva Prasad
Member	Mr NV Wankar	Member	Mr G Raghava Reddy
Member	Mr KVS Sastry	Member	Ms Tripta Sawhney

The following Sub-Committees were constituted by the Executive Committee. The names of Chairpersons of the sub-committees are shown. They will take two more members of their choice to assist them.

Committees and chairmen	
Editorial Board	Wing Cmd.G N Bhaskar
Programmes	Prof V Visweshwariah
Publicity	Sri K Krishna Rao
Day Care centre	Sri V C Dalal
Medical / Health	Vacant
Computer Training	Sri IVLN Chary
Third Age Learning	Dr V Venkateshwerlu



Besides the above elections, Secretary's annual report was read out and accepted; The Audited accounts were read out; certain minor discrepancies were noted by members; Treasurer informed that suitable remedial action will be taken after consulting the auditor. But for this, the accounts were accepted.

Advocacy Activity

Sri RN Mital, Prof Visweswaraiah and Dr Vyasamoorthy called on Dr PV Ramesh, IAS, Vice Chairman of Aarogyasri Trust (also Secretary to Govt of AP- Health) on 2nd April 2011. They presented our demand to extend Aarogyasri type of Health Insurance scheme to all APL families as well. An offer of premium sharing on graded basis was given by us to reduce financial liability of the government. Sri Ramesh was very positive and promised to do the needful. We are also hopeful that the problem of inclusion of senior citizens living in old age homes for Aarogyasri benefits may also be sorted out shortly.

Calendar for April 2011

- 5th April 2011 Installation of New Office Bearers and Ugadi Celebrations
- 12th April 2011 Birthday and Wedding Day Greetings – Socialization
- 19th April 2011 Internal discussions: Topic Case studies of Elder Abuse
- 26th April 2011 Talk by Dr Goli Sridhar MS, DO, FICO on "Eye care for Elders"

Donations received:

Details of Donations received are furnished below. We appreciate our members' fine gesture. But for frequent donations from members, we won't be able to carry on the show.

Donations for various causes		
Sri JK Nayyar	Birthday	500
Dr T Ramalingam	Birthday	200
Sri PVVG Krishnamurthy	Welfare Fund	40
Smt Bhanuri Jagdamba	Welfare Fund	500
Sri CA Satyanarayana	Welfare Fund	500
Sri ShaikSubhani	Welfare Fund	501
Sri K Chandrashekar Rao	Welfare Fund	116
Sri KM Kalyanaram	Newsletter	500
Sri K Kalyanaram	Welfare Fund	500
Sri D Padma Rao	Welfare Fund	100
Sri YVV Ratnam	Welfare Fund	500
Prof V Visweswaraiah	Welfare Fund	70
Sri PVVG Krishnamurthy	Welfare Fund	500

Sunshine Box Collections		
8 th March 2011	122.25	Socialization
15 th March 2011	236.25	Open House
22 nd March 2011	229.00	Talk

Greetings to those born in March – April 2011

Sarvasri / Smt K Pandu (1/3), Nagamani (2/3), Aswat Katiyar (3/3), w/o Katiyar (7/3), Lakshmi Purnima w/o KV Subba Rao (11/3), C Subba Rao (12/3), Radha Krishnamurthy (15/3), T Ramalingam (15/3), Ramesh C Sachau (15/3), Bhanumathy w/o NV Sundara Ramana (15/3), BS Subramyam (25/3), PK Ghosh (26/3), JK Nayyar (20/3), Shanti Kumari Nayyar w/o JK Nayyar (6/3), Ravishankar Srinivas (1/4), G Laxman Rao (3/4), Subha Karan Modi (5/4), DN Narendra Prasad (5/4), Dakshyani 9w/o Anjaiah) 12/4), CS Gopalakrishna (14/4), H Gopalakrishnan (15/4), D Srinivas Darak (15/4), Nagendar (15/4), Sarala Mital (w/o RN Mital) (17/4), Surya prakash Pratap(18/4), Gruhalakshmi (w/o C Subba Rao) 20/4), Surendranath Kak(23/4), Vimala (w/o SP Pratap) (18/4), VV Subba Rao (25/4), B Rama Rao (25/4), RV Reddy (25/4), Padmavathy (w/o Col KR Mohan Rao) 30/4), Jagannatha Rao (24/4), Sarojini (w/o K Pandu) (?/4), MB Shyam Singh (9/4)

Greetings to those married in March-April 2011

Sarvasri / Smt BS Subramanyam (4/3), KV Subba Rao (5/3), VJ Dhodhia (8/3), PH Patel (9/3), DVK Gupta (11/3), Subramanyam Seetha Rao 16/3, Arun Kumar Trivedi (17/3), P Shankaraiah (20/3), Pakeeraiah (27/3), D Shankarah (15/4), Nagendar (27/4), K Krishnamurthy (27/4)

Day Care Center

Wing Cmdr A Bharat Bhushan donated a set of National Geographic magazine covering the period 1986 to 1991. Members are welcome to use these journals in good measure. Suggestions to increase the use of Day Care Center are welcome. Best suggestion, received before the release of next issue of this newsletter, will be given a token award.

National Consultation on Empowerment of Older Women

The Center for Gerontological Studies, conducted a national consultation during 21st to 23rd in Trivandrum. Sri RN Mital, Dr P Vyasamoorthy, Sri Parameshwar Reddy and Prof Ramamurti were invited from AP. They participated, presented papers and took active part in discussions. Nearly 105 persons from all over India participated. It was a big gathering of sociologists, medical men, gerontologists, eminent persons connected with senior citizens movement, federations and confederations, NGOs etc Several rounds of discussions, brainstorming, lectures, and presentations were held. Many retired IAS officers, VCs and busy physicians spent their time with us. SD Gokhale, KR Gangadaran, Mala Kapur Shankar Dass, Sheilu Srinivasan -- all of NPOP Revision Committee took active part. It is the first time that problems of older women were discussed from NPOP angle.

Best Practices in other Senior Citizens Associations

You may be a member in some other Senior Citizens Associations also. Or your friends may be. Can you share with all the members some of the best practices followed by SCAs? For example I can cite a couple of them here:

What do most SCAs do to retain people? Give Tea / snacks towards the end of the program!

Look at what Jynana Jyothi, a senior Citizens Association in Bengaluru does. They conduct regular meetings every month. To motivate members to attend the meetings from beginning to end, one or two members are given a Lucky Winner Prize – Present for (mere) presence! This they do by giving a token to each member as he comes in; a lucky draw is made towards end of the meeting, say before vote of thanks. The winner(s) are given a

small token cash award. They lose it if they have gone away! Issue of tokens is stopped after a certain period say 15 minutes after scheduled start of the event. Late comers and early leavers stand to lose. This practice improves 'full time' attendance, provides some incentive.

How does an SCA instill a sense of positive mental attitude in every one of their meetings? Let us see what Senior Citizens Forum, Secunderabad does. At the end of every meeting a song composed by Sri Theodore Comfort, adopted as their "Association Song" is sung in chorus: "The Time to be happy is Now; The place to be happy is Here; And the way to be happy is to create a little heaven right Here" Who would not leave such a meeting in a positive mood?

Directory of the Association

The members list has been revised and updated. A printed version, mostly usable as labels is available. Copies can be had from the DCC upon payment of Rs 10.00 Additions, deletions and corrections may be brought to the notice of the secretary Sri K Krishna Rao. Please do keep it handy to find out phone numbers. We will try to bring out an Excel spreadsheet which gives fuller details like details of spouse, DOB, DOW, Email Address etc. To keep it upto date your co-operation is solicited.

Aadhaar ID Card

Aadhaar ID Cards which serve as multi purpose cards are being issued in the city in various centers. Have you applied for the same and got it? How about sharing your experiences in one of the forthcoming meetings? The residents will have to submit their name, date of birth, sex and address. They will also have to submit proof of identification and proof of address while filling the form. During the survey along with the above data, photo of a person, finger prints and IRIS image will also be taken. In case of proof of identity (POI), the citizens can submit PAN card, ration card, voter Id card, driving licence, and passport and so on. As a proof of address, the individuals can submit passport, bank passbook, post office passbook, ration card and voter ID card.

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This issue compiled and edited by Dr P Vyasamoorthy
Next Issue onwards, Wing Cmdr GN Bhaskar will take over.

*Association of Senior Citizens wishes
all the Members
a very Happy
Ugadi - 2011*

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