

Issue for OCT 2011

* **Awardee of All India Trophy for best Community Service for year 2003-04 Advisory Board**

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This Issue Sponsored by Wing Cmdr GN Bhaskar



SEASONAL GREETINGS TO ALL OUR MEMBERS

On behalf of the Editorial team and members of the Managing Committee, I wish to extend very warm and sincere greetings to all our members for the Puja season, Navaratri and Deepavali. May the Goddess depicted on the left shower her blessings upon you.

Political Situation in the city Affecting us

Some kind of uncertainty and chaotic conditions are seen everywhere in the State. Bundhs, strikes, Rasta Roko, Rail Roko, Hunger strikes, Buses being off the road, frequent power failures, strike by auto men etc are affecting us also in the association. We had to cancel the picnic to ICRISAT on 28th September, as there was no public transport. Again, attendance on 20th September meeting was very thin – only 25 persons attended. Elders Mela (we were participating) scheduled to start on 30th September was postponed to 1st October with many changes in program. Despite these problems we carried on.

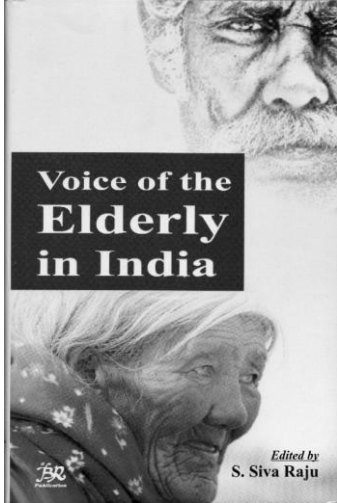
Noteworthy lectures by our Members

On 20th Our member Dr Satyanarayana gave a gripping talk on constipation. It is such an ailment that everyone would have suffered at some point of time or the other. Therefore the talk was a super hit, as seen by questions put later on to the speaker. Our Secretary Sri K Krishna Rao spoke, on 27th September, on: "A fantastic journey through the world of music". He took us to through ancient times telling when and how music started; He also gave a brief account of musicians, especially in South India. It was good learning experience for him and us -- listeners. One of the lecture days was utilized by scientists from NIN, (Ms Niharika and her colleague) to conduct a survey on opinions of senior citizens on food labels. Some twenty members answered the questionnaire to the satisfaction of visiting team.

Dr SR Rao, our member is Bedridden

The health and financial plight of our member Dr SR Rao was mentioned. Many members volunteered small donations amounting to Rs 2800 and a commitment from a few members to contribute together a sum of Rs 1000 regularly for about 6 months came about. For September, a sum of Rs1000 has been handed over to DR SR Rao personally by our Secretary.

Voice of the Elderly in India – A book by Aiscon & TISS



This is a valuable book published by AISCCON and BR Publishing Corporation. Edited by Internationally reputed social scientist Prof S Siva Raju of TISS, Mumbai this book gives details as to how the Senior Citizens National Protest Day which all of us observed last year (16th August 2010) paved way for unification of elders across the nation. There are three chapters in this book contributed by Sri RN Mital and Dr P Vyasamoorthy. It also highlights issues of the elderly and provides a glimpse as to the major areas the government and the civil society needs to address. Voices of the elderly from Jammu & Kashmir to Kerala are captured and described. How all stakeholders have a role to play and what they need to do are mentioned. A copy is available in our library. It is worthwhile keeping a copy in your personal collection or gifting one to your friend on his birthday / marriage day, provided he values good books! If members want to buy, a few copies are available at a concessional rate of Rs 140 as against list price of Rs 620.

Website for our Association

We are happy to announce that we have started a website for our Association. The address is: <http://aosc-h.weebly.com/> We have kept a copy of all our Newsletters, minutes of our regular meetings, a few photographs of important events, directory of members, our constitution, bye laws, details of Managing Committee members, a collection of useful links of sites of interest to senior citizens, a link to a calendar of important events, forthcoming meetings in Twin cities and elsewhere, an application form, a feedback form etc. We will shortly be adding list of library books, more photographs.



If members are interested in displaying their individual (or their spouses) talents in drawing, poetry, photography, writing, stories or other literary areas, they are welcome. They may write about their achievements, awards, recognition etc also. We shall open a separate section for this – the whole world can know what you are good at! Besides your president, Sri Khanapur Krishna Rao will also be responsible for keeping the website up to date.

Some Jokes to keep you smiling

(Taken from the E-book “Let us Laugh at Ourselves” published by Dr P Vyasamoorthy)

1. Husband with good Memory

An old woman was arrested for shoplifting at a grocery store. When she appeared before the judge, the judge asked what she had taken. The lady replied, "A can of peaches." The judge then asked why she had done it. She replied, "I was hungry and forgot to bring any cash to the store." The judge asked how many peaches were in the can. She replied, "Nine." The judge said, "Well then, I'm going to give you nine days in jail--one day for each peach." As the judge was about to drop his gavel, the lady's husband raised his hand and asked if he might speak. The judge said, "Yes, what do you have to add?" The husband said, "Your honor, she also stole a can of peas."

2. Two Lady Drivers

Two elderly women were out driving in a large car. Both could barely see over the dashboard. As they were cruising along, they came to an intersection. The stoplight was red, but they just went on through. The woman in the passenger seat thought to herself, "I must be losing it. I could have sworn we just went through a red light." After a few more minutes, they came to another intersection, and the light was red again. They went right through it. This time, the woman in the passenger seat was almost sure that the light had been red and was really concerned that she was losing it. She was getting nervous and decided to pay very close attention to the road and the next intersection to see what was going on. At the next intersection, the light was definitely red, and sure enough, they went right through again. She turned to the other woman and said, "Mildred! Did you know we just ran through three red lights in a row? You could have killed us!" Mildred turned to her and said, "Oh my, am I driving?"

Schedule of Meetings for October 2011

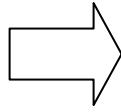
11.10.11	3 pm	Managing Committee Meeting
11.10.11	4 pm	AGM, Birthdays and Marriage days celebrations
18.10.11	4 pm	Dr R ANIL KUMAR BDS Dental Surgeon.. A talk on Dental Care for Elders
25.10.11	4 pm	Mr P Krishna Murthy...A talk on ELDERS PHYLOSOPHY

A Photo from the Inaugural day of Elders Mela: For News wait till Next Issue!



Birthdays, Wedding Days, Donations etc

You're a wonderful couple
 Joined by God above
 May your marriage continue
 In God's love



MEM BER NO	NAME	DOM	MEM BER NO	NAME	DOM
235	MR.&MRS JAGANNATHA RAO A	03 OCT	152	MR.&Mrs. THIRUPATHI RAO	19 OCT
284	MR.&Mrs.PANDURANGA VITTAL B	15 OCT	252	MR.&Mrs.SUREN DRANATH KAK	31 OCT

BIRTH DAYS in OCTOBER 2011

Num	NAME	DOB	Num	NAME	DOB	Num	NAME	DOB
342	VERMA KS	01 OCT	180	RAMCHANDER RAO V	06 OCT	164	Mrs SHASHIKALA w/o BALA LINGAIAH K	20 OCT
221	Mrs.SUMAN GUPTA	01 OCT	256	SESHAGIRI RAO A	07 OCT	199	RAMMOHAN SARMA	21 OCT
256	Mrs.CHIRANJEEVI w/o SESHAGIRI RAO A	01 OCT	181	Mrs.REKHA w/o SATYANARAYANA CA	09 OCT	338	Mrs.GANGA w/o KRISHNA MURTHY K	22 OCT
359	GOPALAKRISHNA MURTHY.K	02 OCT	293	HARI BABU V Dr.	10 OCT	139	BAL REDDY	23 OCT
272	Mrs.SHARADA BAI w/o SHAMA RAO B	02 OCT	292	Mrs.RAJESWARI w/o KRISHNA MURTHY GR	10 OCT	293	Mrs.KUSUMA w/o HARIBABU V Dr.	25 OCT
160	Wg.cdr.GN BHASKAR	03 OCT	274	Mrs.RANGA w/o IVLN CHARY	14 OCT	102	Mrs.DEVANAYAKI w/o GOPALAKRISHNA N H	27 OCT
274	IVLN CHARY	04 OCT	82	Mrs.KARUNA w/o SRINIVASULU M	15 OCT	3	S R RAO	29 OCT
373	Mrs SIVAPARVATHI KODALI w/o CHOWDHARI RAO KODALI	05 OCT	364	Mrs.SAKKU BAI w/o JANARDHAN ELOORI	15 OCT	150	Mrs SHARADA w/o SANGHI VK	29 OCT
326	Mrs.ASHA w/o GUPTA GK Dr.	06 OCT	207	KRISHNAN CS	19 OCT			

DONATIONS

FOR SR RAO	Sum
RN MITAL	500
Prof V VISWESWARIAH	200
PVVG K MURTHY	200
Dr P VAYSA MOORTHY	200
V Venkatesh-WERLU	200
SN KAK	1000
SIVA PRASAD	100
RV Balakrish-NA	200
A Madhava-AN NAIR	200
SOBHA PERINDEVI	100
Dr RV REDDY	1000
Birth Day	
GR RAO	100
Sunshine Box	471

As Sri GNB's PC has conked off, this issue of the Newsletter has also been compiled and released by your president - a member of the Editorial Team. Once again an appeal: Please contribute CONTENT to the newsletter.

Printed Matter

Posted under Tariff item 7c

If undelivered please return to:

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 30 Gruhalakshmi Colony
 Trimulgherry
 Secunderabad 500015

BOOK POST (LOCAL)

To

